

## St. Theresa's Prayer

May today there be peace within.

May you trust your highest power that  
you are exactly where you are  
meant to be.

May you not forget the infinite  
possibilities that are born of  
faith.

May you use those gifts that you have  
received, and pass on the love that  
has been given to you.

May you be content knowing you are a  
child of God.

Let this presence settle into our bones,  
and allow your soul the freedom to  
sing, dance, praise and love.

It is there for each & every one of you.